



MUGBERIA GANGADHAR MAHAVIDYALAYA

P.O.—BHUPATINAGAR, Dist.—PURBA MEDINIPUR, PIN.—721425, WEST BENGAL, INDIA

NAAC Re-Accredited B+Level Govt. aided College

CPE (Under UGC XII Plan) & NCTE Approved Institutions

DBT Star College Scheme Award Recipient

E-mail : mugberia_college@rediffmail.com // www.mugberiangadharmahavidyalaya.ac.in

Report

of

Observation of “National Registered Dietitian Nutritionist Day-8th March”-2023

Date: 14/03/2023

Venue: Room No. 135

Time : 3:30P.M.

Organized by:

**Department of Nutrition
Mugberia Gangadhar Mahavidyalaya
Bhupatinagar, Purba Medinipur, Pin -721425**

Report is prepared by Mrs. Keya Dash, SACT, Dept. of Nutrition, Mugberia Gangadhar Mahavidyalaya



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Date : 9/03/2023

NOTICE

It is hereby notified that Dept. of Nutrition, Mugberia Gangadhar Mahavidyalaya is going to celebrate " National Registered Dietitian Nutritionist Day -8th March" on 14/03/2023, at 3:30 p.m. onwards, at S.N. Bose Hall of the college. In this auspicious programme all the B.Sc., B.Voc., M.Voc. students and faculties of the Dept. of Nutrition, are informed to present positively and participate with enthusiasm.

[Handwritten Signature]
09/03/2023

Head
Dept. of Nutrition
Mugberia Gangadhar Mahavidyalaya

[Handwritten Signature]

Principal 9.03.2023
Mugberia Gangadhar Mahavidyalaya



Report on National Registered Dietitian Nutritionist Day-8th March :

Some wonderful people devote their lives to studying **nutrition** and the physiological effects of what we eat. They can be found in clinics, hospitals, and other places where people go to learn how to get and stay healthy. A day has been designated to celebrate them. It's a great idea to honour registered **dietitians** and **nutritionists** on National Registered Dietitian Nutritionist Day by highlighting the work they do and the impact they have on our community's overall health.

Registered dietitians are health professionals who study food, nutrition, and dietetics and use their knowledge to provide relevant information, identify, and solve nutritional problems in people. They may work in a hospital, school, long-term care facility, or sports facility, providing patient care that may include nutritional counseling, assessments, meal planning, and other services. In most countries, competent performance as a dietitian nutritionist requires formal training at a higher educational institution in dietetics involving food and nutritional science, nutrition education, and medical nutrition science. Their education in health science involves scientific-based knowledge in anatomy, chemistry, biochemistry, biology, and physiology.

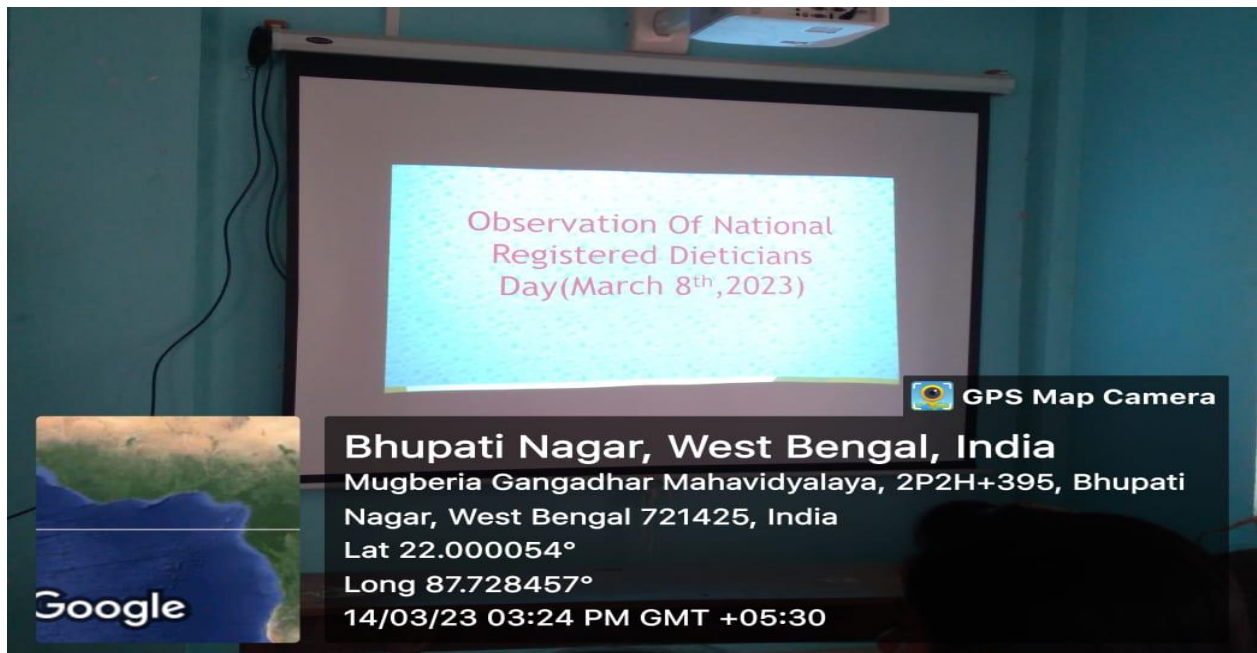
Since 2008, the Academy of Nutrition and Dietetics — the world's largest organization of food and nutrition professionals — has celebrated Registered Dietitian Nutritionist Day to recognize the important work R.D.Ns do as advocates for improving the nutritional status of Americans and people around the world.

The program started with the speech of departmental teacher Ms. Keya Dash. After that student of B.Sc. ^{5th} sem students Sukanta Bhunia and Rajaram Giri present their topic through PPT. There were 41 students and 2 teachers present. Programme was successfully ended.

Importance of National Registered Dietitian Nutritionist Day

- **They advance community health-** Thanks to the work of Registered Dietitian Nutritionists (R.D.Ns), we have a better understanding of our nutritional requirements, which results in healthier body systems. A world that is healthier overall results from healthier communities and healthier individuals.
- **They aid in exposing unhealthy eating patterns-** Due to their professionalism, R.D.Ns assist us in identifying the meals and eating practices that are harmful to our bodies. We can choose healthier foods as a result of this knowledge, which will help us live longer and healthier lives.
- **The day inspires them to accomplish more-** R.D.Ns will be encouraged to do their jobs even better by the kind acts of appreciation shown to them. We all gain when we perform our work better.

Photos:





GPS Map Camera

Bhupati Nagar, West Bengal, India
Mugberia Gangadhar Mahavidyalaya, 2P2H+395, Bhupati
Nagar, West Bengal 721425, India
Lat 22.000054°
Long 87.728457°
14/03/23 03:28 PM GMT +05:30

Google



GPS Map Camera

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Students attendance :

"Celebration of Registered Dietitian Nutritionist Day - 8th
- 2023"

Date: 14.03.2023
Time: 3:30

Speaker : a) Sukanta Bhunia
b) Rajaram Giri

Participants (Students = 41)

(Teachers = 1)

Attendance of Teachers :

1. Keya Dasg.
2. Anika G.

Attendance of Students:-

- | | |
|-----------------------------------|----------------------------------|
| 1) Dipsikha Paria (6th sem, B.Sc) | 28. Reena Mandal (B.Sc 6th) |
| 2) Krishna Jana (6th sem, B.Sc) | 29. Priyanka Samanta (") |
| 3. Kabita Das (6th sem, B.Sc) | 30. Riya Bhattacharya (") |
| 4. Sabitri Bera | 31. Anpita Bera (B.Sc 1st) |
| 5. Archana Bhunia (1st Sem B.Sc) | 32. Priyanka Mahapatra (") |
| 6. Asima Maity (4th Sem B.Sc) | 33. Smriti Giri (") |
| 7. Sudipa Jana (B.Sc 6th) | 34. Soma Pakari (3rd sem) |
| 8. Sudeshna Sau (B.Sc 5th) | 35. Sumita Gini (") |
| 9. Aparna Rajak (B.Sc 6th) | 36. Bultu Jana (") |
| 10. Uma Dolai (B.Sc 6th) | 37. Nikita Das (2nd sem) |
| 11) Barsha Jana (B.Sc 6th) | 38. Anika Das (") |
| 12) Mousumi Mandal (B.Sc 6th) | 39. Pratul Jana (") |
| 13. Rajaram Giri (B.Sc 5th) | 40. Jayanti Maity (B.Sc 4th sem) |
| 14. Debarajata Jana (B.Sc 6th) | 41. Sumana Bhunia (") |
| 15. Shreya Maity (B.Sc 6th) | 42. Asima Maity (B.Sc 4th sem) |
| 16. Sangita Hazra (B.Sc 6th) | 43. Debjani Adak (B.Sc 7th Sem) |
| 17. Anuja Gunia (B.Sc 6th) | 44. Jayasini Gini (B.Sc 4th sem) |
| 18. Saheli Jana (B.Sc 6th) | 45. Shiuli Bera (B.Sc 4th sem) |
| 19. Shreya Maity (B.Sc 6th) | 46. Rainamal Bera |
| 20. Susmita Bera (B.Sc 6th sem) | 47. Surajya Shkeepani (B.Sc 7th) |
| 21. Priya Jana (B.Sc 1st sem) | 48. Sumana Bhunia (") |
| 22. Dipika Gini (") | 49) Ambika Das Adhikari |
| 23. Rakhi Pal (") | 50) Sathi Jana (1st sem) |
| 24. Ashrita Mali (") | 51) Anpita Jana (1st sem) |
| 25. Sanghamita Jana (") | 52) Sumita Maity (4th sem) |
| 26. Shiuli Bera (B.Sc 4th sem) | |
| 27. Jayasini Gini (") | |



Principal
14-3-23

Feed back of students

Mugberia Gangadhar Mahavidyalaya

Department of Nutrition

Celebration of "National Registered Dietitian Nutritionist Day-8th March"

Student's feedback form

Name of the student: Anuja Gujria

Semester name:

B. Sc. Honours 5th Semester

1. Have you feel interested for celebrating such programme?

a) yes ✓

b) no

2. The institution provides multiple opportunities to learn and grow

a) agree

b) strongly agree ✓

c) disagree

3. How well were the teacher communicate

a) good

b) very good ✓

c) excellent

4. Have you any interest to participate in such programme?

a) yes ✓

b) no

Mugberia Gangadhar Mahavidyalaya

Department of Nutrition

Celebration of "National Registered Dietitian Nutritionist
Day - 8th March"
Student's feedback form

Name of the student: Kabita Das

Semester name:

B.Sc. Honours 5th Semester

1. Have you feel interested for celebrating such programme?

a) yes

b) no

2. The institution provides multiple opportunities to learn and grow

a) agree

b) strongly agree

c) disagree

3. How well were the teacher communicate

a) good

b) very good

c) excellent

4. Have you any interest to participate in such programme?

a) yes

b) no

Apurva G
14/03/2023

Head
Dept. of Nutrition
Mugberia Gangadhar Mahavidyalaya

[Signature]
Principal - 14-03-23
Mugberia Gangadhar Mahavidyalaya